

# **Annual Report & Accounts 2022**

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**Charity Overview** 

The charity was established in 2003 and since then has supported over 4,500 children. Our vision is of a world where disabled children and young people have the same access to music-making as any other child.

Through long-term engagement, the children experience the joy of making music, which positively impacts their academic performance, social life and health. Their schools, families and local communities also benefit from the improved health and well-being of the children.

We support children and young people aged 5 to 25 with a wide range of physical and learning disabilities, both individually and in group workshops in special needs schools. When they are ready, we help them to integrate into community-based activities such as joining a youth choir or playing in a band, which helps to widen their social circles and gain acceptance from their non-disabled peers. It also helps non-disabled groups learn how to accommodate the needs of our students and to value their contribution.

## **Our Vision**

Our vision is for all disabled children and young people to be able to access, and benefit from, music-making opportunities.

## Our Mission

Our mission is to build and strengthen the life skills, well-being and confidence of disabled children and young people through music-making

# Our Programmes

Choirs at Special Schools

Music for Deaf Children
Individual Music Lessons
Teacher Training

Music of Life Annual Report & Accounts 2022

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## 2022 IN NUMBERS

958
STUDENTS ATTENDING
GROUP SESSIONS

1008

DIRECT
BENEFICIARIES

110 STUDENTS RECEIVING 1:1 LESSONS

MUSIC FOR DEAF CHILDREN SCHOOL PROGRAMMES

CHOIRS IN SPECIAL NEEDS SCHOOLS **Summary by Activity** MUSIC LESSONS DAYS OF MUSIC PROVISION IN DEAF SCHOOLS CHORAL SESSIONS CONCERTS, ASSEMBLIES AND COMMUNTY ENGAGEMENT PROJECTS **Summary of music provision** 112 KEYBOARDS 42 MUSIC IN CLASSROOM FOR STRING PERCUSSION/ DEAF CHILDREN OTHER COMPOSITION FOLK / TRADITIONAL

## **2022 Key Facts and Figures**



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## Welcome from the Chair of Trustees

In 2022 Music of Life transitioned successfully from our pandemic-affected programme to once again working directly with the children and young people we serve. Given the country's prevailing social and economic issues, it is very encouraging to report that income was the best ever and we were able to increase our charitable spending by 42%, supporting over 1,000 students with disabilities.

Our regular feedback from school staff, parents and carers, our teachers and the children themselves highlighted the benefits of increased social interaction following isolation during the pandemic, the opportunities to play and sing together, increased self-confidence and a sense of achievement, and overall, an increase in happiness. This was brilliantly exemplified in our concert in Birmingham Town Hall last June!

Once again, I would like to thank all the members of our team, our dedicated CEO Maria Teterina, our expert workshop leaders and individual lesson tutors, our fundraising consultant, our volunteer administrator and our Board of Trustees. And we are immensely grateful to the Trusts and Foundations who so generously supported our work.

### **Board of Trustees**

The trustees met 7 times – 3 times face-to-face. Key topics included:

- Strategy and Business Plan 2023-25 the Board worked together to develop the plan and also sought input from our key independent contractors, our teachers, who are in weekly contact with the children and school staff who benefit from our work.
- Equality, Diversity and Inclusion EDI is integral to our mission. We completed an organisational audit using tools from Youth Music and the Charity Governance Code. From this sprang an updated policy, an EDI statement and an action plan. We are very grateful to Clare Salters for her leadership of this process.
- Risk we identified the key issues as the need to broaden our income streams, obtain longer-term grants and increase our organisational resilience. These are addressed in the strategic plan.
- Recruitment following the EDI audit and a skills assessment, we conducted an open process in Q4, with the help of Trustees Unlimited, to replenish and refresh the Board. I am delighted to say that we have recruited 4 excellent trustees who join us at the start of the year. I feel confident, they will greatly complement the existing members.



## **Advisory Council**

This was the second full year for the Council which comprises leaders in the fields of education, music and technology, research, music services and hubs, and kindred charities serving children and young people with disabilities.

We met twice; our first in-person meeting having had to be cancelled at short notice because of a rail-strike. Key topics included:

- A presentation and Q&A discussion with the leader of our choral workshops.
- A review of opportunities to further expand our partnerships.
- -A detailed exploration of the new National Plan for Music Education led by Council member Peter Smalley of Northamptonshire Music and Performing Arts Trust. The Council welcomed the inclusion of SEN provision in the new plan and the opportunities it will provide to further develop Music of Life's work through partnerships.

## Fundraising

The year ended on a high note with our first 5-year grant, from City Bridge Trust, worth £250,000 to continue and develop our Deaf schools' programme. This work is further supported by an ongoing grant of £20,000 a year from the John Lyons Charity. The Karlsson Jativa Charitable Foundation approved a new 3-year grant of £90,000 for choral workshops. In addition, we were delighted with the return of some regional funders who, understandably, had focused on other priorities during the pandemic. We greatly welcome the increasingly open dialogue and supportive stance of many Trusts and Foundations.

### 2023-25

We feel very positive about the next 3 years. We start with the greatest number of schools and pupils to date. We will expand our training programmes to increase capacity. We will seek new income streams and the longer-term funding on which our continuity depends. We will optimise the enhanced strength of the charity to deliver on our mission to support children and young people with disabilities.

Zantonesotte

RA Longbottom, Chair

## CEO's Report



2022 was a big year for Music of Life and we are equally excited to look back at it and look forward to what we can build as a result of it. We have, again, reached a new record in the number of children we work with every week bringing the total of beneficiaries to 1008, which is a 46% increase from 2021.

We built foundations for new beginnings and continued perfecting our existing programmes. New excellent practitioners joined our teams as we extended our provision to more schools. We worked with staff at new schools to help them settle into the routine of music-making with our workshop leaders and to enable them to learn about our approach and how to best support the students in their care during our sessions.

The beginning of the Spring term was a bumpy start with lots of last-minute cancellations and school closures as the country was gradually coming out of Covid-19 restrictions. We were working closely with our teams and schools to ensure we protected the interests of all parties. We are grateful to everyone for their flexibility and understanding, as sessions were switching seamlessly from face-to-face to online provision and back. As the year progressed, we enjoyed uninterrupted provision throughout the second part of the Spring term as well as the Summer and Autumn terms.

Our Choirs in Special Schools teams were busy introducing new and less experienced choirs to our weekly sessions. Two new groups were formed in Evergreen School and two brand-new choirs started in Bridge School and Calthorpe Academy. Both new schools were an instant success. They represent some of the most deprived children among our students with 80% coming from the lowest 20% of the most disadvantaged households. Almost 100% of their families do not speak English at home. However, the Headteachers pointed out that there had been a "phenomenal" level of parental engagement in connection with the Music of Life's programmes.

Our "With a Smile and a Song" concert on 13th June 2022 at Birmingham Town Hall was one of the most significant events in the Charity's history so far. With a record number of children performing together, the largest and finest team of music leaders involved, the great partnership contribution from Birmingham Services for Education and the best-ever engagement and attendance levels from families, it was a true celebration of talent and teamwork, which left everyone uplifted and buzzing for weeks.

The choral sessions leading up to the concert and the whole event itself were beautifully captured by a professional filming team and released in two parts: the concert was published on our YouTube channel in the

summer and the exciting new film about Music of Life choirs came out later in the year. The full story and QR codes for both the concert and the film can be found on page 11 of this report.

Our Music for Deaf Children continued to develop rapidly in many directions. Early in the year it won us a new local authority collaboration with the Hertfordshire Music Service through our work at Heathlands School for Deaf Children in St Albans. The schools in London attracted a lot of interest from funders, educational specialists and potential collaborators and presented a fabulous showcase to enable us to secure funding for a major new round of teacher training that commences in 2023. Students from Frank Barnes School participated in the Camden Music Festival and recorded a song with a choir from the primary school next door.

In our Individual Lessons Programme, recent case studies about our longest-standing beneficiaries tell a story of impressive achievements. They illustrate the value of multi-year support and also the ever-important role of the teacher. At the other end of the spectrum there are some incredibly moving stories of young Deaf children including those with multiple and profound learning disabilities who take immense pride in the fact that they are learning an instrument, which is a point that all the Headteachers' reports also highlight. We have seen evidence from our evaluation studies that our offer of 1:1 instrumental lessons to all KS2 children in Deaf schools where we work, is highly beneficial and stimulating, even if the lessons are very short initially. It also increases visibility of our work and its benefits to the families who can witness their children practicing at home.

We were delighted to re-introduce individual singing lessons in schools where we run choirs. Several experienced teachers in the Midlands area volunteered for this work as soon as the funding became available.

As part of the preparation for a new round of our Teacher Training programme, we collaborated with some of our schools to provide shadowing and work experience opportunities (unpaid) to qualified music practitioners who are interested in joining the Music of Life team at some stage in the future. Implemented over the entire Autumn term, it allowed us to test our "hands-on" approach in a live environment and fine-tune our offer to future trainees – practitioners and young musicians, including those with disabilities.

Maria Teterina,

Music of Life provides weekly 1:1 music tuition on a wide range of instruments and in various music genres.

Our lessons are delivered in a number of settings:

- Schools where we run choirs
- Schools for Deaf children as part of the music curriculum
- In partnership with local music services
- In partnership with other organisations, such as youth ensembles
- By individual arrangement

Kabir is much more grounded and calmer since having piano lessons. His class teacher informed me that he was surprised how good the pupil was in his music class and how musical he was. Teachers have noticed a huge difference with Kabir since doing piano lessons. He goes back to class in a happier mood. He is hardly able to answer the questions I ask, but he responds well in music at all times.

Harjit Singh, Music teacher, Birmingham





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Marian is non-verbal, in terms of using speech, however is fluent in using BSL to communicate. This year I have been doing a lot of work on phrases, tonguing, timing and melody. All this falls under emotional expression, the extension of her voice, and I have also noticed, as she is a cochlear implant user, she knows if the note she is playing is not clear, and she will be consciously aware of it and will pay attention to improve on her sound. Music helps her with active listening and raising expectations.



Ruth Montgomery, Music teacher,

# **Music for Deaf Children**

## Music for Deaf children has been designed and for several years exclusively implemented by professional Deaf musicians.

Now it also enables hearing musicians to learn to work with Deaf children. It includes classroom provision, working in small groups with activities tailored very specifically for the needs of each age group; 1:1 instrument tuition and support for schools to enable Deaf students' participation in major music partnership projects.

In 2022 Music of Life has been able to deliver weekly music sessions and lessons in 5 schools for Deaf children:

- Frank Barnes School for Deaf Children (Camden)
- Roding Primary School (Woodford)
- Blanche Neville School (Haringey)
- James Wolfe School (Greenwich)
- Heathlands School (St Albans)



There has been a vast improvement in the children's music ability since being part of this project. Pupils can now fully access and participate in sessions.

They are being taught by an inspirational Deaf role model which has been massively empowering for our pupils. They are making great progress compared to when they joined mainstream sessions.



Sabrina Lee, Teacher of the Deaf, Heathlands School



Concert and lessons have had a really positive impact. Parents are beginning to recognise the benefits of music and are supportive of their children learning.



Kathryn McCarthy, Deputy

Headteacher, Blanche Neville school



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# **Choirs at Special Needs Schools**

This is our longest-running project to date (started in 2014), an ongoing programme of weekly choral workshops delivered by a team of professional musicians.

Choir sizes range from 20 to 70 students, joined by many of the school staff. It's a very "all together now!" approach and a lot of fun.

In 2022 Music of Life ran weekly choral sessions at a record 7 schools:

- Evergreen Primary School, Warwick
- Evergreen Secondary School, Warwick
- Selly Oak Special School, Birmingham
- Woodlands Special School, Coleshill
- Calthorpe Academy, Birmingham
- Bridge School, Birmingham
- Castle School, Cambridge





The excited buzz coming from the school hall on a Music of Life day is extraordinary! Pupils and staff participate with enthusiasm and everyone has a voice. The social interactions are wonderful to see and after 2 years of Covid, it was one of the first opportunities to come back together. The performance skills of the pupils who were involved in the concert were brilliant, we were all so proud!

Lizzie Godwin, Deputy Headteache Woodlands school





Music of Life sessions have brought such joy to our school. They have given our pupils opportunities to use their voices and make choices, with instant results. We see high levels of engagement in sessions and whenever we repeat any of the songs outside of sessions. It has also given our pupils a sense of belonging and community, even during the online sessions, when they could see their friends on screen and join in together.



Sue Clark, Assistant Head, Evergreen Special School



It has helped some students retain information and be able to come back to class and talk about what they have been doing in their session

Daisy Hands, Evergreen school



## "With a Smile and a Song"

## concert and the new Music of Life film

The concert brought together 5 of our choirs and individual students from over 10 special schools in Birmingham and Warwickshire. It featured our Patron, Denise Leigh and some of our older and most advanced students performing solos with the choir.

The whole event was a massive logistical challenge, managed calmly and efficiently by Ruth Massey, our concert manager.
We also benefited tremendously from the ongoing support and cooperation of Sophie Gray, Amy Swallow and Birmingham Services for Education (S4E) teachers as well as staff at participating schools. There were many problems to overcome to secure the attendance of the individual students, but

no effort was spared by teachers, S4E staff and us to provide the young people with access to the event. It hammered home the critical need for complex arrangements to be in place to enable our students to participate in external events, and their complete dependency on others to make them. We believe this is one of Music of Life's key strengths and foremost duties to our students.

The Music of Life film includes unique footage from our singing sessions at schools, interviews with students, their teachers and Music of Life leaders and a much valued contribution from Professor Graham Welch talking about the benefits of singing from a scientific perspective.

Our brand new film about Music of Life Choirs and for the full version of the concert in Birmingham are available to watch on our YouTube channel. Please use your phone's camera to scan the QR codes below.









## Plans for 2023

At the time this report is being prepared, the year has got off to a flying start with the receipt of our largest multi-year grant ever and the arrival of several new trustees to join our Board.

New pathways and collaborations are being explored and we see the next few months as an exciting challenge for the organisation, having achieved a certain critical mass both in quality of provision and funding, to implement our 3-year plan for strategic development and further growth.

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## **Trustees' Report**

## For the year ending 31 December 2022

### Introduction

The Trustees who are also the Directors of the limited company have pleasure in presenting their Report together with the financial statements of Music of Life Foundation Charity for the year ended 31 December 2022.

Legal and administrative information set out on page 23 forms part of this Report. The financial statements comply with current statutory requirements, the Articles of Association, applicable law and Statement of Recommended Practice: Accounting and Reporting by Charities 2019.

### Structure, Governance & Management

Music of Life Foundation is a company limited by guarantee governed by its Articles of Association dated 12 November 2003 and amended by special resolution on 11 July 2019 to bring the Charity's governing documents into line with current company and charity law and good practice. The Charity is registered at Companies House as No. 4963498. It is a charity registered with the Charity Commission as No. 1102827.

The Foundation is managed by a Board, the members of which have the legal status of directors of the charitable company (the Charity) and are its Trustees for the purpose of charity law. The Board meets at least six times a year to have a close view on performance against objectives and to have more flexibility to react to arising issues.

## Selection and Appointment of Trustees

The Trustees appoint new members by general agreement. Regular reviews are conducted to ensure that the Board has the necessary skills. New trustees take part in an induction process when they receive copies of the Charity's Articles of Association, are fully briefed on their obligations under charity and company law, and are given information on the decision-making processes, the financial performance of the Charity, the regular review of the Risk Assessment and the Business Plan.

Trustees with specific expertise brief the Board from time to time on current topics, more broadly trustees are encouraged to keep up-to-date with developments in the sector and to take advantage of the many training opportunities available from various bodies.

## Objectives and Activities of the Foundation for the Public Benefit

Music of Life Foundation's objectives are the advancement of the education of disabled children in the arts and, in particular, the art of music by:

- Providing access to facilities for study, for creative development and access to both standard and creative organisations, on equal terms with other children,
- Organising of national and international musical events, competitions and concerts in which disabled children can participate thus helping them to realise their potential, and
- Supporting research undertaken into the educational and therapeutic use of the arts and in particular the art of music for the benefit of disabled children.

When reviewing the Foundation's aims and objectives, devising new programmes and setting policies for the year, the Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and complied with their duty under Section s17(5) of the Charities Act 2011.

## Risk Management

The Trustees regularly review the major risks to which the Charity is exposed and take action where appropriate to mitigate them. The Trustees consider the two greatest risks to be

- the unpredictability and short-term nature of much of our funding to be the greatest risk in the short to medium term.
- the sudden loss of key individuals involved in the management of the charity and in delivering its programmes

We have focussed our fundraising on securing longer term grants. In December 2022, funding was secured from City Bridge Trust which will support part of our programme for the next five years. Further grants covering three year periods have also been secured.

We are seeking to mitigate the loss of key individuals by regular training of additional contractors, who shadow and work with our workshop leaders, and by adding a new role in the leadership team.

### Financial Review

Total income was £212,123, an increase of 30% on 2021. We continue to be supported by a large number of Trusts and Foundations. Some of these trusts commit to multiyear funding, and many are regular funders. We are extremely grateful for the support of all of our funders.

Our overall charitable expenditure increased by 42% to £216,424 (2021: £151,955). We also spent £18,616 on fundraising activities, giving total costs of £235,040. The costs have exceeded income in the year by £22,917.

We start 2023 with restricted reserves at £57,170-47% lower than at the start of 2022. This is a significant drop in our project reserves caused largely by spending in the previous year being delayed due to the pandemic. The Trustees consider all projects to have sufficient funds for the academic year. We are continuing to secure funding for the 23/24 academic year to supplement the multiyear funding already secured.

Unrestricted reserves have increased during 2022 from  $\pounds 35,329$  to  $\pounds 62,608$  as many funders have generously donated with no restrictions, enabling the trustees to determine the most appropriate use of the funds – supporting the concert, assisting programmes with a shortage of funding, and securing our ability to fund our core costs in the coming year.

In total, we are carrying forward reserves of £119,778 (2021: £142,695)

### Going Concern

We have focussed this year on building long term relationships with new and existing funders, a strategy which will continue in 2023. This process was made slightly easier as our programmes resumed in schools, and we held a concert in the year. The Board is actively engaged in applying to an increasing number of Trusts and Foundations for support. The Board has adopted a rigorous risk assessment process to identify and mitigate any major risks. Consequently, the Trustees believe that it is appropriate to continue to prepare the accounts on a going concern basis.

### **Reserves Policy**

The Trustees review the reserves policy at least annually, or on the occurrence of material changes in the Charity's activities. The Trustees have reviewed the Charity's requirements for reserves and have decided to hold a sufficient balance of unrestricted reserves to cover 6 months of planned expenditure to ensure financial

stability and act as a safeguard against unpredictable income streams. In general, we do not commit to projects until funding is secured. These funds are usually received at the start of a project while expenditure follows on a monthly basis. At the end of 2022, free reserves were £62,028 which represents cover of 11 months. Free reserves are part of the charity's unrestricted funds that are freely available to spend on any of the charity's purposes. Free reserves are cash or liquid funds and do not include tangible fixed assets.

## Statement Trustees' Responsibilities

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Companies Act 2006 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the independent examination, but of which the Examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the Examiner is aware of such information.

This report has been prepared in accordance with the special provisions of Part 15 of the Act relating to small entities.

Approved by the Board on 27 April 2023 and signed on its behalf:

R A Longbottom

Chair

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## **Independent Examiner's Report to the Trustees of Music of Life Foundation**

## JK Barnehurst Accounting Ltd

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 December 2022 which are set out on pages 15 to 21.

Respective responsibilities of trustees and examiner The trustees, who are also the directors of the charitable company for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act"). The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and an independent examination is required under Section 144(2) of the Charities Act 2011 ("the 2011 Act").

Having satisfied myself that the charitable company is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- follow the procedures laid down in the General Directions given by the Charity Commission under Section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

## Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

I have completed my examination. I confirm that no material matters have come to my attention which gives me

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or cause to believe that:
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 • the accounts do not accord with such records; or other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jing Lu, Chartered Certified Accountant JK Barnehurst Accounting Ltd Date: 27th April 2023

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## **Statement of Financial** Activities (For the year ended 31 December 2022)

	2022			2021		
Notes	Unrestricted Funds	Restricted Funds	Total 2022	Unrestricted Funds	Restricted Funds	Total 2021
	£	£	£	£	£	£
Income From						
Donations 2	92,264	116,000	208,264	43,521	118,741	162,262
Invoiced income	-	3,467	3,467	-	299	299
Investment Income	392	-	392	769	-	769
Total Income	92,656	119,467	212,123	44,290	119,040	163,330
Expenditure on						
Raising Funds	18,616	-	18,616	20,652	-	20,652
Charitable Activities	52,022	164,402	216,424	43,589	108,366	151,955
Total Expenditure 3	70,638	164,402	235,040	64,241	108,366	172,607
Net Income/(Expenditure)	22,018	(44,935)	(22,917)	(19,951)	10,674	(9,277)
Reconciliation of funds						
Total funds brought forward	35,329	107,366	142,695	36,207	115,765	151,972
Transfer between funds	5,261	(5,261)	-	19,073	(19,073)	
Total funds carried forward	62,608	57,170	119,778	35,329	107,366	142,695

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## **Balance Sheet**

At 31 December 2022

N	Vote	2022	2021
		£	£
Fixed Assets	6	580	848
Current Assets			
Debtors	7	7,932	7,394
Cash at Bank		126,051	148,027
		133,983	155,421
Creditors: amounts falling due within one year	8	(14,785)	(13,574)
Net current assets		119,198	141,847
Total net assets		119,778	142,695
The funds of the charity			
Unrestricted funds	9	62,608	35,329
Restricted Funds 9	9, 10	57,170	107,366
Total charity funds		119,778	142,695

For the year ending 31 December 2022 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

These accounts were approved by the Board on 27 April 2023 and were signed on its behalf by:

R A Longbottom

Chair

Music of Life Annual Report & Accounts 2022

# **Statement of Cash Flows**

For the year ended 31 December 2022

	2022 £	2021 £
Cashflow from operating activities:		
Net cash provided by (used in) operating actitivies	(22,368)	(10,775)
Cashflow from investing activities:		
Interest received	392	769
Purchases of property, plant and equipment	-	-
Net cash from investing activities	392	769
Cashflow from financing activities:	-	
Change in cash and cash equivalent in the reporting period	(21,976)	(10,006)
Cash and cash equivalents at the beginning of the reporting period	148,027	158,033
Cash and cash equivalents at the end of the reporting period	126,051	148,027

## Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	2022	2021
	£	£
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(23,309)	(10,046)
Adjustment for:		
Depreciation charges	268	268
(Increase)/decrease in debtors	(538)	(2,421)
Increase/(decrease) in creditors	1,211	1,424
Net cash provided by (used in) operating activities	(22,368)	(10,775)

# Notes on Financial Statements For the year ended 31 December 2022

## 1. Principal accounting policies

### (a) Accounting convention

The financial statements have been prepared on a historical cost basis in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), and the Companies Act 2006.

### (b) Company status

The Charity is limited by guarantee. The members of the company are the trustees named on page 23. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity.

### (c) Income recognition

Income from voluntary grants, legacies and donations are included in the Statement of Financial Activities when received unless the grant specifically funds the Charity's expenditure, in which case income and expenditure are allocated to the relevant period and matched.

## (d) Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the Charity and include project management. Governance costs are those incurred in connection with administration of the Charity and compliance with constitutional and statutory requirements

### (e) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Income arising on designated funds can be used in accordance with the objects of the Charity and is included in unrestricted funds. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

### (f) Tangible fixed assets

Tangible fixed assets are depreciated on a straight line basis over their estimated useful lives as follows:

• Office equipment and website - 20% per annum

### 2. Donations

	Unrestricted	Restricted	2022 Total
	£	£	£
Donations for the year included:			
The Karlsson Játiva Charitable Foundation		20,000	20,000
John Lyon's Charity		20,000	20,000
The Foyle Foundation	20,000		20,000
The Brian Murtagh Charitable Trust		15,000	15,000
The Edward Gostling Foundation	15,000		15,000
The Leathersellers' Foundation	10,000		10,000
The National Lottery Community Fund		10,000	10,000
The Grey Court Trust	6,500		6,500
Masonic Charitable Foundation	5,000		5,000
The 29th May 1961 Charitable Trust		5,000	5,000
The Norton Foundation		5,000	5,000
The Helen Rachael Mackaness Charitable Trust		5,000	5,000
The Childwick Trust		5,000	5,000
Schroder Charity Trust		5,000	5,000
The D'Oyly Carte Charitable Trust		4,000	4,000

### 2. Donations (Continued)

Total	92,264	116,000	208,264
Events and individual donations	34,564		34,564
Other Trusts and Foundations		500	500
John Thaw Foundation		1,000	1,000
George Perkins Charity		1,000	1,000
Kenneth Hargreaves Charity	1,200		1,200
The George Henry Collins Charity		1,500	1,500
Bruce Wake		2,000	2,000
Edward and Dorothy Cadbury		2,500	2,500
The Grantham Yorke Trust		2,500	2,500
Michael Marsh		3,000	3,000
James Howard		4,000	4,000
Green Hall Foundation		4,000	4,000

### 3. Analysis of total expenditure

	Staff Costs	Other Direct Costs	Depreciation	Governance costs	2022	2021
	£	£	£	£	£	£
Raising Funds	-	18,200	-	416	18,616	20,652
Charitable Activities	33,778	177,546	268	4,832	216,424	151,955
Total for Charity	33,778	195,746	268	5,248	235,040	172,607

Governance Costs Include	2022	2021
	£	£
Payroll fee	312	276
Independent examiner's fee	954	900
Annual report design	1,100	912
Trustees recruitment	1,500	-
Trustees expenses and meeting costs	1,260	1,012
Other governance costs	112	334
Total	5,248	3,434

## 4. Staff Costs

	2022	2021
	£	£
Staff costs were as follows:		
Salaries and National Insurance	32,976	31,784
Pension costs	802	766
Total	33,778	32,550
	2022	2021
	No.	No.
Administration and support	1	1
Total	1	1

No member of staff was paid £60,000 or more during the year (2021 - nil).

# Notes on Financial Statements (Continued...)

## 5. Trustees remuneration and expenses

No Trustees received any remuneration in respect of their services as a member of the committee during the year (2021: £nil).

Trustees were reimbursed £nil for travel and other expenses (2021: £nil).

## 6. Tangible fixed assets

	2022			2021		
	Office Equipm't	Website	Total	Office Equipm't	Website	Total
	£	£	£	£	£	£
Cost						
At 31 December 2021	5,342	6,000	11,342	5,342	6,000	11,342
Addition	-	-	-	-	-	-
Disposal	-	-	-	-	-	-
At 31 December 2022	5,342	6,000	11,342	5,342	6,000	11,342
Depreciation						
At 31 December 2021	4,494	6,000	10,494	4,226	6,000	10,226
Charge for the year	268	-	268	268	-	268
Disposal	-	-	-		-	
At 31 December 2022	4,762	6,000	10,762	4,494	6,000	10,494
Net book value						
At 31 December 2022	580	-	580	848	-	848
At 31 December 2021	848	-	848	1,116	-	1,116

## 7. Debtors: Due within one year

	2022	2021
	£	£
Trade Debtors	2,800	-
Accrued Income	5,132	7,394
Total	7,932	7,394

## 8. Creditors: amounts falling due within one year

	£	£
Trade Creditor	11,831	10,386
Accruals	2,954	3,189
Total	14,785	13,574

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2022

## 9. Movement in funds

9. Movement in funds	At 1 January 2022 £	Incoming Resources £	Resources Expended £	Transfer between funds £	At 31 December 2022 £
Unrestricted Funds	35,329	92,656	(70,638)	5,261	62,608
Restricted Funds	107,366	119,647	(164,402)	(5,261)	57,170
Total Funds	142,695	212,123	(235,040)	-	119,778

The unrestricted funds represent the free funds of the Charity which are not allocated for particular purposes.

The restricted funds relate to the development of projects started within the year but not completed by the year end.

## 10. Restricted Funds

	Funds for Individual Lesson programmes £	Funds for Choral Workshops £	Funds for Deaf Schools Programme in London £	Funds for celebration concert £	Total £		
Opening balance at 1st Jan 2022	52,312	26,040	29,014	-	107,366		
New funds received	40,167	52,300	12,500	14,500	119,467		
Transfer of funds to Project Administration	(5,239)	(6,822)	(1,630)	-	(13,691)		
Expenses	(64,524)	(53,672)	(26,229)	(19,977)	(164,402)		
Reserves transfer to cover Project Shortfall	2,713	240	-	5,477	8,430		
Closing funds at 31 December 2022	25,429	18,086	13,655	-	57,170		

## 11. Related party transactions

The Trustees in office during the year are listed on page 23. The trustees have no financial interests in the charity's results or assets and received no remuneration for acting in that capacity. There are no related party transactions for disclosure during the year.

Our first priority is to sustain our current, long-term projects and we greatly appreciate the support of our funders who share our values and believe in the importance of continuous support. To meet the growing demand for our services we need to succeed in gaining new grants and in diversifying our income streams, particularly to secure multi-year funding.

Message from one of our major funders in 2022, Karlsson Jativa Charitable Foundation:

"Our relationship with Music of Life was initiated in the depths of the pandemic when other sources of funding were curtailed putting great pressure on the charity sector, especially on those with less access to public sector funding. We proactively prioritised grant making to organisations with a very focussed mission and proven track record. In this search, Music of Life stood out. As restrictions have eased, we have now had the opportunity to see the work first hand and the undeniable impact it is having on the beneficiary communities. We look forward to what promises to be a long term partnership."











We would like to thank our individual supporters for their contributions that made it possible for us to enjoy more flexibility in our work:

Karen van Amersfoort Julia Orford

Jack Brierley Katherine Puffett

Robert Brown Anjulie Rusius

Karen Campbell Rosalyn Shaw

Michael Clarkson Webb Barry Short

Kenneth Elliott Anne Taylor

Anne Gibson Marylin Vincent

Susan Horsewood-Lee Charles Watts

Chi Yum Hui Paul Weston

Ben Hui



22

# Charity number: 1102827

**Legal and** 

Company number: 4963498

Team

**Patrons** 

**Registered address:** 54 Portland Place

London, W1B 1DY

**Trustees:** Ray Longbottom (Chair)

Harvey Jones

Catherine Clarke (Vice Chair) Sarah Kolkman (Treasurer)

**Administrative Details** 

Robert Blencowe (resigned 24 March 2022) Clare Salters (resigned 31 December 2022)

Kunal Jhanji

Sophie Brüggemann

Stefano Filippi (appointed 2 January 2023) Lily Harriss (appointed 1 February 2023) Tristen Hennigs (appointed 1 March 2023) Alexander McHardy (appointed 1 February 2023)

Maria Teterina, Chief Executive

Suzzie Vango, Head of Choirs at Special Schools programme Ruth Montgomery, Music for Deaf Children programme leader Emma Cockbill, Eloise Garland, Elsie Gibbs, Naomi Berry, Lucy Hollins,

Gina Baker, Workshop leaders Shruti Soni, Accountant

Diana Cripps, Administrative Support

>50 music teachers and support musicians

Evelyn Glennie CH, DBE Denise Leigh

John Lubbock OBE

**Advisory Council** Sophie Gray, Head of Inclusion, Services for Education, Birmingham

Evangelos Himonides, Professor of Technology, Education, and Music, UCL Karen Irwin, Strategic Director (Children and Young People), Live Music Now

Julian Knight, Creative Director, Creative Futures (UK)

Kathryn Mason, Research Fellow, The Deafness, Cognition and

Language Research Centre, UCL

Adam Ockelford, Professor of Music, Roehampton University and Founder, Amber Trust

Callum Russell, Disability Consultant, Crystal Eyes

Peter Smalley, Chief Executive, Northampton Music and Performing Arts Trust Lorella Terzi, Professor of Philosophy of Education, University of Roehampton Graham Welch, Professor & Chair of Music Education, UCL Institute of Education

Rachel Wolffsohn, General Manager, The OHMI Trust

**Bankers:** The CAF Bank Ltd Shawbrook Bank Ltd

25 Kings Hill Avenue Lutea House

Kings Hill Warley Hill Business Park

West Malling Brentwood
Kent, ME19 4JQ Essex, CM13 3BE

**Independent Examiner:** Jing Lu

Chartered Certified Accountant JK Barnehurst Accounting Ltd

108 Manor Way, Bexleyheath, DA7 6JN



## Support us

You can donate to Music of Life on our website musicoflife.org.uk/support-our-work/donate-to-our-work/donate-online.

If you would like to find out more about how to support our work, including sponsoring a student or a school, please contact Maria Teterina, Chief Executive at mteterina@mofl. co.uk or by calling 020 7813 5472

Find us @musicoflifeuk











## **Contact us**

Music of Life Foundation mofl@mofl.co.uk

www.musicoflife.org.uk

**Registered address:** 54 Portland Place, London W1B 1DY



